

Wentzville School District

Allergy & Anaphylaxis Emergency Plan

Child's Name: _____ Date: _____

Child's DOB: _____ Age: _____ Weight: _____

Child has Allergy to: _____

Child has Asthma? Yes No (If yes, a higher chance of severe reaction.)

Child has had Anaphylaxis? Yes No

Child may carry Medicine? Yes No

Child may give self Medicine? Yes No (If child refuses/is unable to self-treat, an adult must give medicine.)

IMPORTANT REMINDER- Anaphylaxis is a potentially life-threatening, severe allergic reaction. If in doubt, give epinephrine.

For severe Allergy and Anaphylaxis

What to look for:



If child has **ANY** of these severe symptoms after eating the food or having a sting, give epinephrine.

- Shortness of breath, wheezing, or coughing
- Skin color is pale or has a bluish color
- Weak pulse
- Fainting or dizziness
- Tight or hoarse throat
- Swelling of lips or tongue that bother breathing
- Vomiting or diarrhea (if severe or combined with other symptoms)
- Many hives or redness over body
- Feeling of "doom", confusion, altered consciousness, or agitation

SPECIAL SITUATION: If this box is checked, child has an extremely severe allergy to an insect sting or the following food(s): _____ . Even if child has **MILD** symptoms after a sting or eating these foods, **give epinephrine.**

Give Epinephrine!

What to do:

1. **Inject epinephrine right away! Note time when epinephrine was given.**
2. **CALL 911**
 - Ask for ambulance with epinephrine.
 - Tell rescue squad when epinephrine was given.
3. **Stay with child and:**
 - Call parents and child's doctor.
 - Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.
 - Keep child lying on back. If child vomits or has trouble breathing, keep child lying on his or her side.
4. **Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.**
 - Antihistamine
 - Inhaler/bronchodilator

For Mild Allergic Reaction

What to look for:



If a child has had any mild symptoms, monitor child.

Symptoms may include:

- Itchy nose, sneezing, itchy mouth
- A few hives
- Mild stomach nausea or discomfort

Monitor Child

What to do:

Stay with child and:

- Watch child closely.
- Give antihistamine (if prescribed).
- Call parents and child's doctor.
- If symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See "For Severe Allergy & Anaphylaxis")

Medicines/Doses:

Epinephrine, intramuscular (list type): _____ Dose: 0.15mg 0.30mg (weight more than 25 kg)

Antihistamine, by mouth (type and does): _____

Other (for example, inhaler/bronchodilator if child has asthma): _____

Parent/Guardian Signature _____ Date _____

Physician/HCP Authorization Signature _____ Date _____