

# Timberland High School CAP Meeting

Coaches, Athletes and Parents

Presented by:

Timberland High School Activities Department



# 2021 WOLVES LINE UP

Kyle Lindquist– Principal

Stacey Nielsen– Eligibility Center

Todd Hayes– Activities Director

Beth Finder– Activities Assistant

Caitlyn Thomas– Axes Trainer

# FALL SPORTS

Football – Ed Gilreath

Boys Soccer – Mike Skordos

Girls/Boys Cross Country – Dan Staples

Boys Swimming – Andrew Sansoucie

Girls Golf – Bill Schoonover

Softball – Andy Zerr

Girls Tennis – Jennifer Livergood

Girls Volleyball – Nathan Harman

Cheerleading – Erica Wagner

Dance – Alex Jankowski

# WINTER SPORTS

Boys Basketball – Kyle DeWeese

Girls Basketball – Brad Schellert

Boys Wrestling – Jeff Renz

Girls Wrestling – Jesse Freise

Girls Swim – Andrew Sansoucie

Cheerleading – Erica Wagner

Dance – Alex Jankowski

# SPRING SPORTS

Baseball – Andy Zerr

Girls Track – Justin Shiroma

Boys Track - Tim Woodson

Girls Soccer – TBA

Boys Tennis – Jennifer Livergood

Boys Golf – Bill Schoonover

# Conference and State Affiliation



# MSHSAA Statement

“Eligibility to represent a school in interscholastic activities is a privilege students may attain by meeting the essential eligibility requirements established by member schools through this association and any additional requirements set by a member school for its own students.

Eligibility is not a student’s right by law, and precedent setting legal cases have affirmed this.”

# How to Maintain and Protect Your High School Eligibility

[MSHSAA Eligibility Standards Fact Sheet](#)



# SCHOOL ATTENDANCE

If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.

# PHYSICALS

NEW RULE, Physicals are now valid for TWO calendar years from the date of the exam. Physicals must be on file in order to participate in any manner. All physicals MUST be completed on MSHSAA Physical form. This form is available in the activities office or online. It can be uploaded to the [ACTIVITIES REGISTRATION](#) site when complete.

# INJURIES

Timberland High School is fortunate to have a full time certified athletic trainer on site daily.

Any student that visits a doctor for any reason related to an athletic injury, must be cleared medically by a doctor to return to practice. Medical clearance must be in writing.

When a student is medically cleared to participate, they should take the doctor note to our trainer who will then clear him/her with his coach to resume participation.

# CONCUSSIONS

[MSHSAA Introduction Video](#)

[NFHS Free “Concussions in Sports” Course](#)

[MSHSAA Return to Play Form](#)

[MSHSAA Parent Concussion Guide](#)



# Summary of 16-Day Heat Acclimatization Period



# ACTIVITIES HANDBOOK

# PARENT/COACH COMMUNICATION

There are situations that may require a conference between the coach and parent. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help produce a resolution to the issue or concern.

1. The student-athlete must bring the issue to the coach's attention.
2. If the issue needs further attention, contact the coach for clarification or to set up a conference.
3. All conferences should include the coach, parent and athlete.
4. If a resolution cannot be reached, the parent may then call to set up an appointment with the activities director, coach and athlete.

***NOTE: Please do not attempt to confront a coach before or after a contest or practice.***

# Hazing and Harassment—Zero Tolerance

***Hazing:*** Willful conduct directed at a student that is intended to physically or emotionally intimidate, punish, embarrass, humiliate, ridicule, or place any student in a disconcerting position for the purpose of initiation, affiliation, inclusion or membership in any team or organization.

***Harassment:*** Unwelcome conduct by a person that is sufficiently serious, persistent or pervasive, so that it affects another person's ability to participate in or benefit from the school program or activity by creating an intimidating, threatening or abusive environment.



# Equipment and Uniforms

1. All equipment and uniforms issued by a coach at the high school are considered property of the High School.
2. Athletes are responsible for the care of equipment and uniforms during the season of competition.
3. Once the season is completed, all uniforms and equipment issued must be returned immediately.
4. Students who do not return uniforms or equipment will be placed on the fee/fine list for the cost of replacement and will not be allowed to compete in a subsequent sport season until the fee/fine has been paid or the equipment has been returned.
5. Students assume the responsibility for any damage to equipment or uniforms that occurs outside the normal use for a High School athletic practice or competition.
6. Uniforms and practice gear are only to be worn at the High School practices and for game day competitions.

## Helpful Web Sites

1. <http://www.wentzville.k12.mo.us> – Timberland High School (District )
2. <http://www.stltoday.com/sports/high-school/>– St. Louis Post-Dispatch
3. <http://www.mshsaa.org> - MSHSAA
4. [NCAA Eligibility Center](#)
5. [Core Course GPA](#)

## 2021-22 Start Dates

Fall Sports - August 9

Winter Sports – November 1

Girls Swimming - November 8

Spring Sports – February 28

## Fall Sports 2022

August 8, 2022