

Wentzville R-IV School District

School and Community Resources

NOTE: The links and organizations listed in this document are intended as available resources that those in need may choose to use. Their presence in this document does not imply endorsement by the Wentzville School District.

Social & Emotional Support at School

Wentzville School District's comprehensive school counselors provide a wide range of counseling, individual student planning and responsive services for students and are always the first line of support for any student who is struggling with personal issues. In addition, the district employs Educational Support Counselors (ESC's) who are assigned to our schools. ESC's provide specialized therapeutic services and consultation for students who exhibit social, emotional, or behavioral challenges which significantly interfere with school attendance, academics, or behavior.

The WSD also contracts with several community agencies for school-based counseling and classroom-based prevention programs. Agency professionals are fully credentialed by WSD, and work in our schools under the supervision of building Principals. Students may be referred to the school-based counseling programs by parents or school staff. For more information about agency services in any of our buildings, parents can contact the child's assigned school counselor.

Community Resource Directories

St. Charles County Community Council

636-978-2277

<http://www.communitycouncilstc.org/resources/searchable-resource-directory>

This comprehensive online community directory includes resource organizations that primarily serve St. Charles, Lincoln and Warren Counties:

United Way 2-1-1

Call 2-1-1 or 1-800-427-4626

<http://www.211helps.org/>

This directory and helpline is operated by the United Way and includes resources in Missouri and Illinois

Crisis Intervention

National Suicide Prevention Lifeline (24-hour) 1-800-273-8255 (TALK)
<http://suicidepreventionlifeline.org> Text "START" to 741-741

St. Charles County Youth Connection Helpline (24-hour)
636-642-0642 1-855-642-0642 Text BESAPE to 31658
WEB CHAT: www.stcharlescountykids.org - click on "Get Help Now"
The Youth Connection Helpline is a free 24 hour community hotline and mobile crisis response service that provides telephone guidance and support in making decisions during child mental health emergencies. In some situations, face-to-face crisis intervention in homes, schools and public meeting places may be provided. The Helpline and text line are staffed by trained counselors from Behavioral Health Response (BHR). BHR also provides support for adult mental health crises (Call 314-469-6644). www.bhrstl.org

The Trevor Helpline 1-866-488-7386 Text TREVOR to 1-202-304-1200
www.thetrevorproject.org (3pm-10pm) National organization providing crisis intervention and suicide prevention services and resources to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24. Also has a Chat Line 3pm-10pm for online instant messaging: Visit website and click on the Chat icon on the right at the top of the page.

Lifeline Crisis Chat (11am-11pm)
www.contact-usa.org/chat.html
A service of the National Suicide Prevention Lifeline, provides online emotional support, crisis intervention, and suicide prevention services.

KUTO (Kids Under Twenty-One) 314-644-5886 After 4:00PM www.KUTO.org
A safe helpline for teens, answered by trained local youth under the supervision of adult mental health professionals

Center Pointe Hospital 4801 Weldon Spring Pkwy, St Charles 636-441-7300

SSM Health St. Joseph Hospital 500 Medical Dr., Wentzville 636-327-1100

Bridgeway Domestic Violence Crisis Hotline 636-224-1800
www.bridgewaybh.com
Among other services, Bridgeway Behavioral Health (part of Preferred Family Healthcare) operates the crisis hotline, emergency safe shelters and outreach support services for women and children in St. Charles and Lincoln Counties who are victims of domestic violence.

Crisis Nursery Wentzville (24-hour) 636-887-3070 www.crisisnurserykids.org
Crisis helpline and temporary shelter for children ages birth to 12 years whose families are in crisis. Also provides follow-up services for parents.

National Runaway Safeline 1-800-786-2929 1-800-RUNAWAY
www.1800runaway.org
National runaway and suicide prevention hotline, online chat and communications system

Mental Health Services and Support

The following resources are a sampling of the many non-profit agencies in our local community which provide services subsidized by public, private and/or government funding. The list does not include fee-based mental health professionals in private practice.

Compass Health Network (Crider Center) 1-888-403-1071
www.compasshealthnetwork.org
Community agency provides free or sliding fee scale services for children and adults in Wentzville and St Charles offices, in homes, schools and community. Range of services include behavioral health therapy, psychiatry, and community support programs as well as medical and dental.

Youth In Need 636-946-3771 www.youthinneed.org
Local child and family services agency provides free and sliding fee-scale individual and family counseling in St. Charles office and school-based locations, a teen emergency shelter and other services for youth and families

CHADS Coalition (“Communities Healing Adolescent Depression and Suicide”) 314-952-8274/ 314-952-2046 www.chadscoalition.org
Provides free and sliding-fee scale counseling and family support for children and youth; school-based counseling and suicide prevention programming

Preferred Family Healthcare 636-332-5834 pfh.org/missouri
Community-based agency specializes in adolescent and adult substance use treatment programming. Individual, group and residential services are provided in St. Peters, St. Charles and other locations; as well as school-based prevention and early intervention programs

Saint Louis Counseling (Previously Catholic Family Services) O’Fallon 636-281-1990
<https://saintlouis-counseling.org> Nonprofit counseling agency provides free and reduced-fee counseling

Lutheran Family and Children's Services St. Peters office 636-949-5522

<https://lfcsmo.org>

Nonprofit counseling agency provides free and reduced-fee counseling

BILY (Because I Love You) 314-993-7550 EMail: gateway_parent_help@yahoo.com

BILY is a free parent support group that meets every Monday night in St. Charles. It is organized and facilitated by other parents who offer support, guidance and suggestions for parents to help solve problems with children of any age (primarily adolescents).

NCADA National Council on Alcoholism & Drug Abuse 314-962-3456 www.ncada-stl.org

Provides a hotline, free substance use assessments, drug prevention and community education programs, and short-term counseling for substance abuse problems

Alternative Behavioral Care 636-477-6111 www.alternativebehavioralcare.com

Provides intensive outpatient mental health, psychiatric and substance abuse services for adolescents and adults in St Peters location.

Megan Meier Foundation 636-757-3501 <https://meganmeierfoundation.org>

Provides free counseling for children and youth who have experienced bullying, as well as suicide prevention programming

Annie's Hope 314-965-5015 <https://annieshope.org>

Provides comprehensive grief support services for children, teens and their families